

How To Use Your

EYE

OINTMENT

**PHARMACEUTICAL SERVICES DIVISION
MINISTRY OF HEALTH**

INTRODUCTION

Eye ointments are sterile semi solid preparations for application to the conjunctival sac or to the eye lid margin. They contain medicaments dissolved or dispersed in a suitable non-irritant basis.

BEFORE USING EYE OINTMENT

Tell your doctor or pharmacist if:-

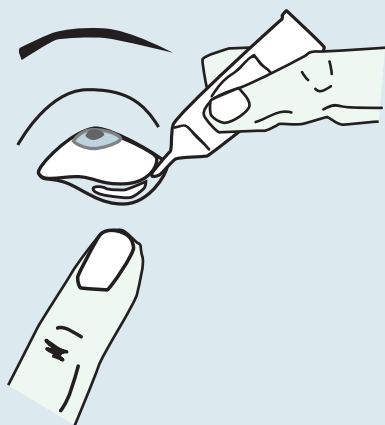
- You are allergic to any medication.
- You have any medical problem.

HOW TO USE EYE OINTMENT

1. Wash your hands
2. Dry them with a clean towel or tissue.
3. Read the medication label.
4. Lie down or tilt your head back and gently pull your lower eyelid down.
5. Carefully, place a line (1cm) of ointment inside the lower lid while being careful not to touch your eye with the tip of the tube.

6. Your vision can become blurry for a few moments, but it will clear quickly.
7. Close you eyes slowly and gently press a finger against the inside corner of each eye and keep them closed for approximately 1 minute to allow the medication to absorb.
8. Straighten your head and wipe away any extra ointment.
9. If you are prescribed both eye drop and eye ointment use the eye drop first.

DEMONSTRATION



IF YOU MISS A DOSE

Take it as soon as you remember. However if it is almost time for the next dose, skip the missed dose and go back to your regular dosing schedule.

DO NOT DOUBLE THE DOSE

STORAGE

Keep all medicines in a safe place away from the reach and sight of children.

Unless otherwise directed, store your eye drops in a cool, dry area.

After you have completed your course of treatment, throw away any leftover drops.

Do not use the drops after the expiry date marked on the packaging.

Discard product as directed after opening the bottle.

SIDE EFFECTS

See your doctor immediately if you have any of these side effects.

- Eye pain or changes in vision.
- Continued redness and irritation or large pupil.

PRECAUTIONS

If your symptoms do not improve, consult your doctor.

To prevent the spread of infection, apply ointment directly from the tube. Avoid using fingers to place ointment on your eye lid.

Do not stop using the ointment until you have finished the full course of treatment even if your symptoms have improved.

Do not share your medication with others, even if they appear to have the same symptoms as you.

Use eye medication only for your affected eye.

Contact lenses should not be worn until at least 20 minutes following the instillation of the drops. In certain cases, you may have to stop using your contact lenses, get advice from your doctor.

WARNING

All directions on these pages are for information purposes only. They are not instructions to use your specific medicine. Please obtain appropriate medical advice if you have any questions regarding your medicine.

Prepared by:

**The Pharmaceutical Services Division,
Ministry of Health**

Website: www.pharmacy.gov.my

Tel : 03 – 7968 2200