

**How To Use  
Your**

**EAR**

**DROPS**

## INTRODUCTION ●●●●

Many medicines are available in the form of ear drops, also known as 'otic drops'.

Ear drops are delivered directly into the ear canal, they are generally effective because they begin to work straight away in the area where they are needed.

## BEFORE USING EAR DROPS

Tell your doctor or pharmacist if:-

- You are allergic to any medication.
- You have any medical problem.

## HOW TO USE EAR DROPS

1. Wash your hands
2. Read the medication label.
3. Unscrew the cap of the bottle (for bottles with an integrated dropper, draw some liquid into the dropper).
4. Lie on your side or tilt your head over so that the ear which needs the drops is facing upwards.
5. Pull your earlobe upwards and squeeze /drop the correct number of drops into the ear.

6. Keep your head tilted for about five minutes so that the drops can spread into the ear.
7. Straighten your head and wipe away any extra liquid.
8. Replace the cap on the bottle.

## DEMONSTRATION

### CHILD



### ADULT



## IF YOU MISS A DOSE

Take it as soon as you remember. However if it is almost time for the next dose, skip the missed dose and go back to your regular dosing schedule.

## DO NOT DOUBLE THE DOSE

## STORAGE

Keep all medicines in a safe place away from the reach and sight of children.

Unless otherwise directed, store your drops in a cool, dry area.

After you have completed your course of treatment, throw away any leftover drops.

Do not use the drops after the expiry date marked on the package.

Discard product as directed after opening the bottle.

## SIDE EFFECTS ●●●●

If you experience irritation or any other side effects after using the ear drops, tell your pharmacist or doctor.

You may also experience an unpleasant taste in your mouth. This is because the ear canal is connected to the throat and some of the liquid may drain into your mouth.

## ●●●● PRECAUTION

If your symptoms do not improve, consult your doctor.

To prevent the spread of infection, each bottle of ear drops should only be used by one person.

Do not stop using the drops until you have finished the full course of treatment even if your symptoms have improved. If you stop using the drops too soon your illness may return.

Do not share your medication with others, even if they appear to have the same symptoms as you.

Do not poke inside your ear with a cotton bud as this can cause a perforated ear drum.

## **WARNING**

All directions on these pages are for information purposes only. They are not instructions to use your specific medicine. Please obtain appropriate medical advice if you have any questions regarding your medicine.

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